



FOUNDATION FOR A
**HEALTHY
KENTUCKY**

Changing**GEARS**

annual report 2012



About the Foundation

The Foundation for a Healthy Kentucky was established in May 2001 as a result of the settlement agreement between the Commonwealth of Kentucky and Anthem, Inc. regarding the conversion of charitable assets after Anthem's merger with Kentucky Blue Cross/Blue Shield.

Our mission is to address the unmet health care needs of Kentuckians.

Our approach centers on developing and influencing health policy, to promote lasting change in the systems by which health care is provided, for the purposes of:

- » Improving access to care
- » Reducing health risks & disparities
- » Promoting health equity

Our current initiatives are:

- 1. Promoting Responsive Health Policy:** to make public policy more responsive to the health and health care needs of the people of Kentucky.
- 2. Investing in Kentucky's Future:** to improve the health of Kentucky's children by engaging communities in testing innovative strategies.
- 3. Kentucky Healthy Futures Initiative:** to maintain our commitment to attract and sustain investment in innovations in health care and health promotion.

Foundation for a Healthy Kentucky



**CHARLOTTE
BEASON**
Board Chair

Changing Gears

In *State of the South 2007*, David Dodson of MDC, Inc. (formerly Manpower Development Corporation) started a conversation about the role of philanthropy as society's "passing gear," an essential tool, along with private markets and public policy, for helping close the gaps that limit our region – and our state's – competitiveness and civic cohesion. The passing gear process MDC outlined has much in common with the way we do our work at the Foundation for a Healthy Kentucky:

- » Finding lessons about leadership, change and the role of philanthropy in Kentucky's history
- » Intensive data analysis to fully understand demographic realities, as well as emerging issues and trends
- » Frameworks that deepen our understanding of the levers and limits of philanthropy as a catalyst for community and systems change, and the tools that philanthropy has at its disposal

In 2012, we shared with other grantmakers and interested Kentuckians, through Issue Briefs and community presentations, what we have learned from our last five years of work on coordinated school health, engaging local leaders for positive health change, delivering primary care services in underserved areas, and better integrating behavioral health and medical services.

Through Kentucky Health Issues Poll and Parent Survey results, and the first findings of our study of implementation of Medicaid Managed Care statewide, we continued to shine a light on Kentucky's demographic realities and shifts in public opinion.

We honed the focus of our work for the next five years:

Promoting responsive health policy – to make public policy more responsive to the health and health care needs of the people of Kentucky

Investing in Kentucky's future – to improve the health of Kentucky's children by engaging communities in testing innovative strategies

And renewed our commitment to partnerships with community foundations, the federal Social Innovation Fund and the foundations working to curb obesity in Kentucky through the *Shaping Kentucky's Future Collaborative*. In these pages, on our website www.healthy-ky.org and our facebook page, we tell the story of what's worked and what hasn't, and what's underway for the years ahead. We invite you to join in the important work of making Kentucky a healthy place to live, work and play.



Initiative Areas 2012-2017

The Foundation Board of Directors chose two primary initiative areas for the next five years' work. **Promoting Responsive Health Policy (PRHP)** aims to make public policy in Kentucky more responsive to the health and health care needs of Kentuckians.

2 Investing in Kentucky's Future (IKF) aims to improve the health of Kentucky's children by engaging in communities and testing innovative strategies.

3 In addition, the Foundation maintained its commitment to attract and sustain investment in innovations in health care and health promotion through continued support for the federal Social Innovation Fund multi-year effort, **Kentucky Healthy Futures Initiative (KHFI)**.

A range of collaborative activities and communications strategies, shown on page 16 under the heading *Community Engagement*, serve to increase awareness of health issues and increase the impact of Foundation work.

1 Promoting Responsive Health Policy (PRHP)

The Foundation works to assure that policymakers at all levels are aware of relevant health policy research and of the views and concerns of Kentucky residents on various health related topics. Guidance from the Foundation's Policy and Strategic Direction Committee has charted the course for PRHP. By 2017, the Foundation will...

- » be seen as a reliable, useful source of information on health policy trends and issues;
- » be seen as a credible and significant voice for health issues in Kentucky;
- » have increased availability of high quality information/data needed to inform health policy;
- » have strengthened support for the Foundation's policy agenda;
- » have increased the presence in Kentucky of an informed constituency – army of advocates – able to mobilize to influence health policy; and

» have sustained policy change in the four areas targeted by the Foundation, to...

- promote policies that increase access to safe and effective integrated health care services (includes primary care, behavioral health, and oral health) and reduce wait times for care;
- promote policies and practices that strengthen local boards of health;
- promote policies to improve the health of Kentucky's children; and
- promote policies to increase the proportion of Kentuckians living in smoke-free jurisdictions.

The Foundation will use established funding relationships with Kentucky Voices for Health and the Health Law Fellow at the Kentucky Equal Justice Center in efforts to bring about lasting change in the areas identified. This initiative also includes:

- » Training and technical assistance, such as the Health for a Change series of workshops and webinars
- » Convening, such as the Howard L. Bost Health Policy Forum

» Research grants, such as the agreement with the University of Kentucky's Community and Economic Development Initiative of Kentucky (CEDIK) to update our Kentucky Health Market Report

» Data components, including the Kentucky Health Issues Poll (conducted jointly each year with the Health Foundation Greater Cincinnati), and www.kentuckyhealthfacts.org website – a collaborative effort of the Foundation, the Cabinet for Health and Family Services/Department for Public Health and epidemiologists at the University of Kentucky, which provides local, county level health data.

Additionally, Foundation funding of \$150,000 per year will be set aside for a competitive application process to identify and engage effective health policy/

advocacy organizations. The aim is to improve the health of Kentuckians through positive and lasting systems change in four key policy areas identified at left. Rigorous evaluation will measure initiative impact throughout this multi-year initiative.



Howard L. Bost Memorial Health Policy Forum

This forum brings together health professionals from across the state and renowned national innovators in health issues and strategies. Named after former Foundation Board member, Dr. Howard L. Bost, this annual forum seeks to explore the dimensions of issues and opportunities impacting the health of Kentucky.

On September 17, 2012 the Foundation held its tenth annual Howard L. Bost Memorial Health Policy Forum. The theme was *"No Wrong Door: Integrating Care for Better Health"* and focused on integrating behavioral and medical care to achieve better health outcomes, improve quality of care and lower health care costs. Discussions explored approaches and impacts of integrating health care in Kentucky in a more seamless and systematic way.

More than 300 diverse community leaders, advocates, and health providers were attracted to the forum. It started with remarks by Kentucky's Secretary of the Cabinet for Health and Family Services, Audrey Tayse Haynes. Referencing the extensive evidence already supporting integrated care, Haynes stated, *"the jury is not out on the benefits of care integration."* She spoke of efforts by the State of Kentucky to integrate care and reiterated Kentucky's commitment to having Kentucky Medicaid managed care integrate behavioral and physical health for those most vulnerable. National and local speakers addressed various aspects of care integration, including perspectives from actuaries, managed care organizations, primary and behavioral health providers, policy researchers, and advocates. The Foundation's work on integrated care began in 2005 with a range of demonstration or pilot projects, and continues to be a priority for policy change. In 2007 and 2009, the Foundation brought together key health and health care professionals with a shared commitment to holistic care. This group became known as the Integrated Care Action Team (ICAT). A key product of the ICAT was the report, *No Wrong Door: Bridging Mental Health and Primary Care Silos in Kentucky*. Since the publication of that original report in 2010,



state and national knowledge and experience with integrated care have grown.

A new ICAT report was unveiled at the 2012 Howard L. Bost Memorial Health Policy Forum. *Integrating Care for Better Health: Charting a Course Together for Better Health for All Kentuckians* updates knowledge based on new research and experience; reaches to a broader audience to expand the conversation and action around integrated care in Kentucky; and revisits some of the key and still-salient issues covered by the original report.



Health for a Change

For 2012, this free training series blended in-person workshops with webinars. Health for a Change is open to community health coalitions, agencies, businesses, advocacy organizations, and individuals seeking to improve their skills, foster community health participation and create local health change. This series touched on a wide array of topics including the issues of improved nutrition and physical activity in schools, bike paths and walking trails in communities, how to raise capital for community clinics and discussions on innovative solutions for local health concerns. Health for a Change series presentations, available for viewing online, include:

- » **Finding Funding: An Expert Path to Grant Seeking** This webinar identifies different types of funders and ways to approach them and determine what grantmakers are seeking.
- » **How to Keep Your Efforts Going When the Funding Ends: A Practical Path to Sustainability** This webinar helps organizations identify projected funding needs and develop strategies for sustaining nonprofit programming and organizational capacity.
- » **Stop Reinventing the Wheel: A Useful Guide to Evidence-Based Health Programs** This resource helps participants identify "evidence-based" policies and programs designed to improve health.
- » **Advocacy? Lobbying? Know the Difference!** This helps non-profits differentiate between lobbying and non-lobbying advocacy activities and identify methods of advancing health policy aligned with your organization and mission.
- » **Health Data: Where to Find it. How to Use it.** This session identifies sources of health data appropriate for a community project, activity or report and better utilizes the kentuckyhealthfacts.org website and other sources of health data.
- » **How Healthy is My Community? A Practical Guide to Community Health Assessment** This webinar assesses local health needs and recognizes the common components of a community benefit plan.



Kentucky Health Issues Poll (KHIP)

Since 2008, the Foundation has partnered with The Health Foundation of Greater Cincinnati to sponsor an annual Kentucky Health Issues Poll (KHIP), a telephone survey to find out what Kentuckians think about various health issues that impact our communities, our state and our nation. Since its inception, KHIP has been conducted by the Institute for Policy

Research at the University of Cincinnati. For our 5th annual KHIP in 2012, more than 1600 adults were interviewed by phone from across the Commonwealth.

Through KHIP, we are able to track important policy issues over time – such as growing support for a statewide smoke-free law in Kentucky or the impact of Kentucky's

prescription drug abuse crisis. KHIP also permits us to monitor timely topics – like views on the 2012 presidential race and other subjects relating to our funding priorities. Results from the 2012 KHIP and previous years are available at the KHIP tab on our website. To propose a topic for a future KHIP poll, contact Sarah Walsh at swalsh@healthy-ky.org.

2 Investing in Kentucky's Future (IKF)

Children are more likely to grow up healthy when they live in:

- » environments that support healthy lifestyles,
- » neighborhoods and institutions that discourage risky behavior, and
- » families and other support systems that cultivate and model good health.

Research shows that safe and effective health care, supportive education, and adults who protect and nurture children are all factors that promote health. Today's children can be the generation of Kentuckians who do not suffer the chronic illnesses of past generations. The aim of the *Investing in Kentucky's Future* initiative is to improve the health of Kentucky's children by engaging communities in testing innovative targeted community-based strategies. Community partners can do this by working together to provide the conditions children need to thrive.

Kentucky communities are making practical changes to improve conditions where they live. Hospitals, clinics and health departments are working together to create better systems of care.



Communities can encourage healthy living and reduce the opportunity for behaviors that put children at risk.

City planners have improved streets and roads to make walking and biking easier. City leaders have also created food policies that make healthy eating more accessible, and local schools have made health a student priority. Families have changed their at-home habits to reduce "screen" time (TV, computer, video games) and encourage active play. Health care providers, teachers, coaches, and clergy are reinforcing each other's efforts in their interactions with children and parents, and at community events. By working together, these partners and others have created comprehensive systems that encourage healthy living and reduce the opportunity for behaviors that put children at risk.



To support efforts such as these, the Investing in Kentucky's Future initiative plans to provide funding for up to ten Kentucky communities where civic leaders are committed to working together to promote the physical and behavioral health and well-being of children ages 5 through 18 by supporting local systems, environments and policies that reduce risks for chronic diseases and help children practice healthy behaviors for a lifetime. Fifty communities submitted letters of intent to the Foundation by the November 2012 deadline; 22 of these were invited to submit full proposals in 2013.

Over the course of the Initiative, the Foundation expects to commit more than \$3 million to this important work. First year funding for selected communities will provide grants in the \$20,000 - \$40,000 range and training and technical assistance opportunities to assist grantees in creating a specific plan to improve the health of children.



Kentucky Parent Survey

For the Investing in Kentucky's Future initiative to succeed, all of the diverse influences that impact the lives of children must be considered, especially the impact of parents. If we want to understand children's needs and improve children's health, we need to listen to the real experts: moms and dads. In 2012, the Foundation sponsored the first-ever Kentucky Parent Survey (KPS) in order to do just that.

Our children's habits and behaviors impact their health today and shape their quality of life as they grow older. When kids eat poorly and don't get enough physical activity, it increases their risk for obesity, diabetes, heart



disease and other chronic diseases. The KPS poll data helps us understand what parents think about the behaviors that are so critical to health.

More than 1,000 parents and guardians of children under 18 were interviewed by telephone as part of the KPS, which was designed and funded by the Foundation. KPS assessed the views of parents, step parents, grandparents, foster parents and other legal guardians about health issues that impact children in our state. The interviews were conducted by the Center for Survey Research at the University of Virginia, where researchers carefully reviewed the data to ensure that it was an accurate reflection of the respondents' views.

Findings from KPS were released as a series of topical briefs detailing what Kentucky parents think about school policies, health care access and quality, children's health behavior and their own parenting practices. Engaging questions dealt with issues including childhood obesity, access to quality and effective medical services, family routines and where parents go to get information about being a parent. All KPS briefs and a statewide summary are available on the Foundation's website. As part of our commitment to transparency, the full KPS dataset is available, at no cost, through the Online Analysis and Statistical Information System website www.oasisdataarchive.org, where users can access results by region or demographic group and run their own analyses.

By specifically targeting parents, KPS created an important complement to our other polling efforts. In addition to KPS, since 2008, the Foundation has partnered with The Health Foundation of Greater Cincinnati to sponsor an annual Kentucky Health Issues Poll (KHIP), which tracks the views of all adults.

If we want to understand children's needs and improve children's health, we need to listen to the real experts: moms and dads.



3 Kentucky Healthy Futures Initiative (KHFI)

The Foundation secured a prestigious federal Social Innovation Fund grant back in 2010, matching \$3 million in federal funds with \$3 million of Foundation funds to launch the Kentucky Health Futures Initiative (KHFI.) Funding from KHFI has been provided to nine Kentucky organizations to demonstrate innovative ways to deliver safe and effective health care and offer opportunities for healthier lifestyles to underserved communities and populations. These organizations in turn match each KHFI dollar invested with their own funds.

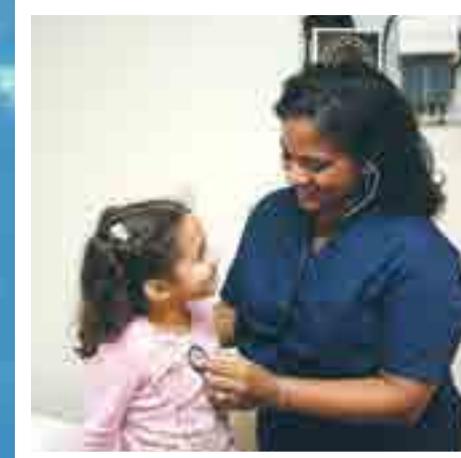
Total investment of Foundation and Federal funding to date in this Initiative has been \$4.2 million. The program has reached more than 12,000 Kentuckians across 55 counties thus far. Organizations receiving match funding in 2012 through KHFI include:

- » **Meade Activity Center (Brandenburg)** – Center services focus on promoting lifelong fitness and nutrition habits in elementary and middle school students, plus promotion of active lifestyles for the broader community.
- » **Oldham County Health Department (LaGrange)** – Establishment of the *Hope Health Clinic*, a nurse-managed primary care clinic offering free or discounted health services for low-income and un/under-insured populations in Oldham and surrounding counties.

*delivering safe and effective health care
and opportunities for healthier lifestyles*



- » **St. Elizabeth Medical Center (Edgewood)** – Offering access to Mental Health Services through Emergency Department Tele-psychiatry in five northern Kentucky sites.
- » **Saint Joseph Health System, Inc. (Lexington)** – A community-based delivery model in Wolfe and Powell Counties for primary and specialized care using telemedicine and the nurse-managed clinic model.
- » **Home of the Innocents (Louisville)** – Access to dental care for medically fragile children and training for pediatric dentists and students from area dental schools.
- » **King's Daughters Medical Center (Ashland)** – Mobile Health Services for eight counties in rural Kentucky, focusing on screening and referrals.
- » **Norton Healthcare Foundation (Louisville)** – Roll-out of the *Get Healthy Access Program*, a health navigator service for Louisville's low-income and uninsured who utilize Norton's mobile health screening facilities.
- » **Montgomery County Health Department (Mt. Sterling)** – *Gateway Rural Health Investment Network*, a community-based health navigator model of health education and health care access support targeting low-income rural communities.
- » **Cumberland Family Medical Center (Burkesville)** – Nurse managed health center and rural training program for nurse practitioners.



2012 KHFI Grant Awards

Kentucky Healthy Futures Initiative

- » **Meade Activity Center** (Brandenburg) \$250,000
- » **Oldham County Health Department** (LaGrange) \$100,000
- » **St. Elizabeth Medical Center** (Crestview Hills) \$100,000
- » **Saint Joseph Health System, Inc.** (Lexington) \$250,000
- » **Home of the Innocents** (Louisville) \$250,000
- » **King's Daughters Medical Center** (Ashland) \$124,548
- » **Norton Healthcare Foundation** (Louisville) \$100,000
- » **Montgomery County Health Department** (Mt. Sterling) \$100,000
- » **Cumberland Family Medical Center** (Burkesville) \$250,000

Technical Assistance and Evaluation

- » **Group Health Cooperative** (Seattle, WA) \$156,000 – KHFI Evaluation
- » **MissionWise** (Seattle, WA) \$18,000 - KHFI Spring retreat training on sustainability
- » **Nonprofit Finance Fund** (Boston, MA) \$10,000 – KHFI Fall retreat training on expanding program impact



Publications

2012 was an extremely busy year for Foundation publications. Several issue briefs, reviewing and sharing results of past initiatives, were released. Those include:

Local Data for Local Action (LDLA): Start Where You Are examined the initiative's successes and challenges. This five-year LDLA initiative leveraged Foundation resources to empower communities to develop meaningful, lasting solutions to their own health problems.

Rural Healthcare That Works: Access, Quality and Innovation investigated ways to improve access to quality and affordable healthcare in rural Kentucky.

Coordinated School Health Initiative: Healthy Kids, Healthy Schools informed funders about the foundation's experience in dedicating resources over a multi-year period to replicate dimensions of the Coordinated School Health model developed by the Centers for Disease Control and Prevention.

Integrating Care for Better Health: Charting a Course for Kentucky advanced the Foundation's work in the area of comprehensive mental and physical health service integration.

Kentucky Health Coalitions Directory identified local groups concentrating on health related issues in their communities. More than 140 health coalitions, collectives and other groups are in the directory.

Collaboratives between the Foundation and its partners also resulted in an array of new data reports examining fascinating health topics and issues. Included in the work funded by the Foundation are:

Place Matters: Health Disparities in the Commonwealth focused on geographic disparities and differences in health status for different regions of the state.

Shaping Kentucky's Future – A Community Guide to Reducing Obesity is the product of the Foundation and a group of Kentucky grantmakers working to address policies that impact our state's obesity challenges.

Kentucky Medicaid Pharmaceutical Utilization Guide explored prescribing practices across the state for the 50 most common classes of medications. Results are analyzed by age, race, gender and religion and cover a ten year time period.

Unlocking the Complexity of the Health Care System: Kentucky's Health Navigators underscores the importance of lay health workers, and assesses the health navigator workforce in Kentucky.

2012 Kentucky Healthcare Market Report provided an overview of the fiscal health of Kentucky's healthcare providers.



A range of community partnerships are used to leverage Foundation resources and advance efforts to address the unmet health care needs of Kentuckians.

In seeking to engage communities from all across the state, the Foundation supports a 31-member Community Advisory Committee (CAC) selected for their knowledge of Kentucky and their skills and experience in various aspects of health service delivery and community development. The CAC appoints the majority of the Board of Directors and advises the board on Foundation initiatives. Other community engagement activities include support for Kentucky Educational Television (KET), the Institute for Rural Journalism and Community Issues, and grants to provide matching funds and to support conferences focusing on healthy policy.

Kentucky Educational Television (KET)

Since 2005, the Foundation has invested in KET's commitment to health programming. The latest product in this evolving relationship is the ongoing series Health Three60. These three individual programs examine topical health issues by mixing on-the-scene interviews and in-studio discussions to offer three perspectives on a key health issue. Topics have included diabetes, mental health and prescription drug abuse. 2012 programs included:

Citizens Taking Charge

This program highlights the work of citizens who are actively working to improve the health outcomes and lives of Kentuckians on a community and state-wide level.

No Health Without Mental Health

This program explores the impact of depression, stress, and anxiety on our physical health and looks at health care solutions that connect our minds to our bodies.

The Heart Facts

Cardiovascular disease is now the leading cause of death in the nation and in Kentucky. This program explores the history and treatment of the disease and examines how lifestyle, society and genetics all impact heart health.

Foundation funding also makes it possible for KET to produce one health-themed 60 minute documentary each year. To maximize impact, KET makes the programming available online, creates and promotes collateral materials such discussion guides, newsletters, and professional



...all designed to generate civic dialogue and action around health issues in local communities

development tools – all designed to generate civic dialogue and action around health issues in local communities. Recent examples include:

More Than Child's Play

This Emmy-award winning show is the first of two specials calling attention to ways in which policy choices and community practices can reduce the risks of

obesity by making "the healthy choice the easy choice." This special shows how schools and communities are integrating physical activity into all aspects of school life and creating opportunities for safe, active play. In 2013 the KET special report will focus on the nutrition side of the obesity equation, highlighting innovative ways in which communities are making healthier foods more accessible.

Born Too Soon

This special calls attention to the preventable health risks of premature births and is already causing Kentucky obstetricians and mothers-to-be to rethink the idea of "scheduling" a delivery.

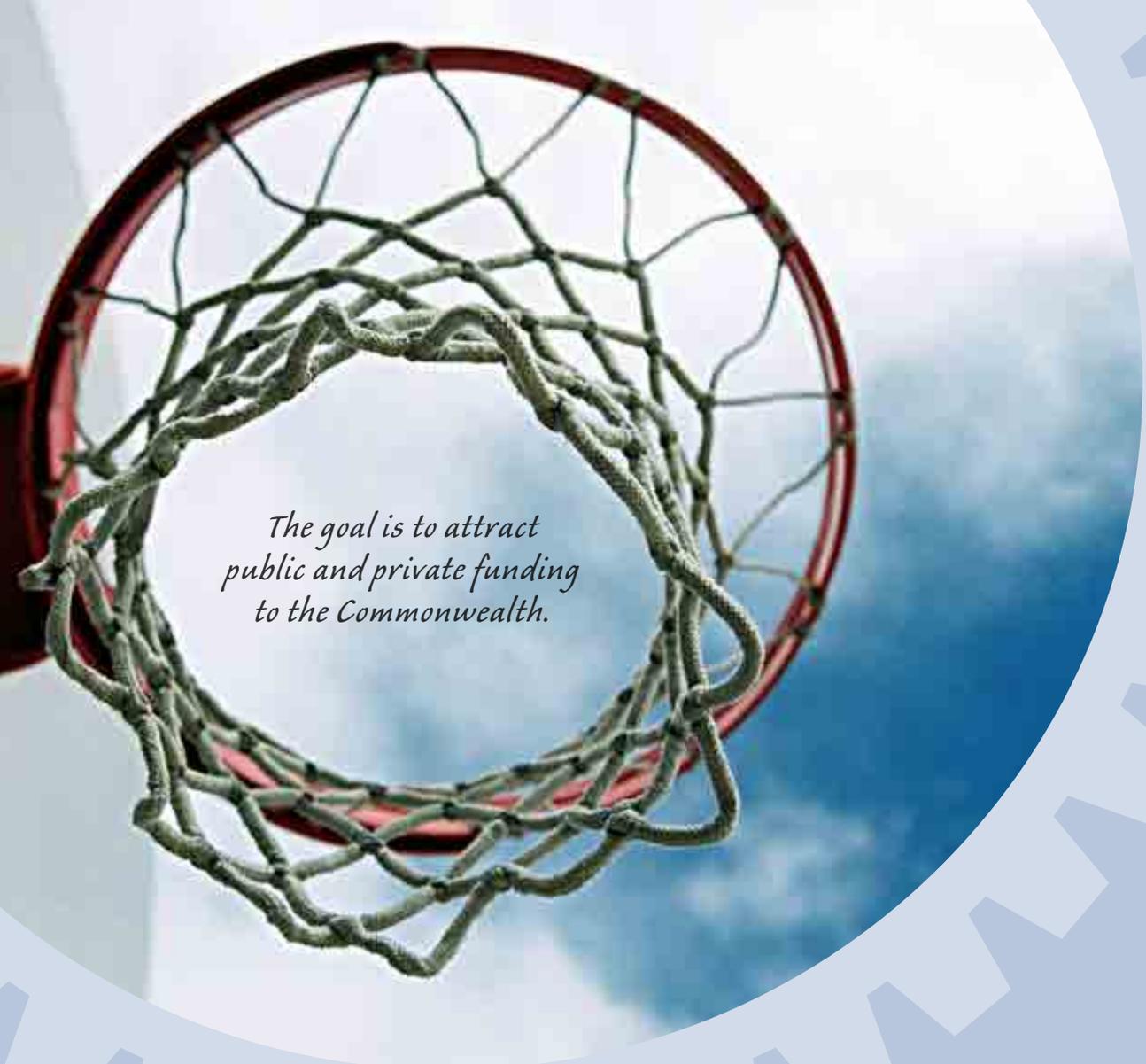
Remaking Rural Health

While federal attempts to restructure the health care system were grabbing headlines, this special called attention to many ways in which Kentucky leaders were quietly re-designing the way rural health care is delivered – to make it more accessible, assure consistent quality, or find more cost-effective approaches to care.

Institute for Rural Journalism and Community Issues

This partnership provides unbiased, respected health policy news to journalists. The Foundation works directly with the Institute's director, renowned newspaper journalist Al Cross, who publishes The Rural Health Blog, a daily news digest of events, and issues, with story ideas and sources for journalists.





The goal is to attract public and private funding to the Commonwealth.

Matching Grants and Conference Support

The Foundation partners with aligned organizations to provide matching funds necessary to attract public and private funding to the Commonwealth. In 2012, two matching grants totaling \$45,000 were awarded to the Blue Grass Community Foundation in support of food access and equity efforts in Lexington. The Foundation also partnered with more than a dozen organizations across the state to provide financial support for conferences, seminars, and symposia that advance a shared mission. These conference support grants totaled \$28,013.69 in 2012.

Each of these community engagement efforts complements the Foundation's Promoting Responsive Health Policy and Investing in Kentucky's Future focus areas and supports efforts to further advance the health and access to health care of Kentuckians.



Grants

In addition to training and technical assistance work, the Foundation for a Healthy Kentucky awarded 31 grants totaling more than \$1.9 million in 2012. Grants were awarded to community-based organizations, healthcare providers, universities and health advocacy groups. A complete list of 2012 grants is available at Foundation's online newsroom.

Additionally, information regarding the grantmaking process, including grant opportunities and eligibility guidelines, is in the Grants section of the Foundation's website.

Throughout its history, the Foundation has sought out community-based demonstration projects, or pilot projects, that show promise in advancing the mission of addressing the unmet health care needs of Kentuckians.

Annual grant expenditures:

2001	Total Grants - \$2,000,000
2002.....	\$0
2003.....	\$0
2004	Total Grants - \$1,367,446
2005.....	Total Grants - \$2,545,073
2006	Total Grants - \$1,169,240
2007	Total Grants - \$1,629,980
2008	Total Grants - \$1,911,694
2009	Total Grants - \$2,098,059
2010	Total Grants - \$2,089,059
2011.....	Total Grants - \$2,834,568
2012	Total Grants - \$1,903,660



Statement of Financial Position

	Dec. 31, 2012	Dec. 31, 2011
ASSETS		
Current Assets:		
Cash and cash equivalents.....	\$ 158,555	\$75,923
Grants receivable	133,781	128,215
Accrued dividend receivable.....	34,685	57,870
Prepaid expenses.....	8,543	3,400
TOTAL CURRENT ASSETS ▶	\$ 335,564	\$ 265,408
Assets limited as to use:		
Board designated endowment fund	50,173,807	49,824,309
Property and equipment, net of		
Accumulated depreciation	2,310,065	2,698
Other assets:		
Deposits	5,452	2,111
TOTAL CURRENT ASSETS ▶	\$ 52,824,888	\$ 50,094,526
LIABILITIES AND NET ASSETS		
Current Liabilities:		
Accounts payable.....	244,903	66,785
Grants payable	202,600	907,434
Payroll taxes payable	10,194	11,522
Accrued expenses	18,336	
Due to public welfare foundation.....		97,340
TOTAL CURRENT LIABILITIES ▶	\$ 476,033	\$ 1,083,081
NET ASSETS:		
Unrestricted		
Undesignated (deficit).....	2,175,048	(812,864)
Board designated	50,173,807	49,824,309
TOTAL NET ASSETS ▶	\$ 52,348,855	\$ 49,011,445
TOTAL LIABILITIES AND NET ASSETS ▶	\$ 52,824,888	\$ 50,094,526



Statement of Activities

	Dec. 31, 2012	Dec. 31, 2011
Revenues and Support:		
Investment income.....	\$ 1,748,413	\$ 1,455,492
Realized gain on investments.....	424,809	957,655
Unrealized gain (loss) on investments	4,017,386	(3,084,927)
Building lease revenue	49,629	
Grant income	802,835	704,329
Other income	1,258	1,577
TOTAL REVENUES AND SUPPORT ▶	\$ 7,044,330	\$ 34,126
Expenses and Losses:		
Program expenses	1,419,248	1,312,441
Grants	1,903,660	2,834,568
General and administrative.....	236,990	310,920
Investment management fees.....	147,022	156,888
TOTAL EXPENSES ▶	\$ 3,706,920	\$ 4,614,817
Increase (decrease) in net assets	3,337,410	(4,580,691)
NET ASSETS BEGINNING OF YEAR ▶	\$ 49,011,445	\$ 53,592,136
NET ASSETS AT END OF YEAR ▶	\$ 52,348,855	\$ 49,011,445

The statement of financial position and the statement of activities for the year ended December 31, 2011 and December 31, 2012 are representations of management of the Foundation for a Healthy Kentucky. The Foundation's financial statements were audited by the Kentucky Auditor of Public Accounts in 2011 and by Strothman and Company PSC in 2012. The complete audited financial statements are available on the Foundation's website or by request to the Foundation's office.



ChangingGEARS



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of Education
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*Our mission is to address the unmet
health care needs of Kentuckians.*





Addressing the **unmet**
healthcare
needs of 
kentuckians



1640 Lyndon Farm Court
Suite 100
Louisville, KY 40223
502.326.2583
502.326.5748 **fax**
877.326.2583 **toll free**
www.healthy-ky.org
info@healthy-ky.org

