WELLNESS AND SOCIAL CONNECTION: seeking impact through outcome measurement

REFLECTION

Life Skills Assessment
- Ties shoes
- Makes own bed
- Knows nearest post office
- Hand shake

Outing Evaluation
- Eye contact
- Mood
- Behavior
- Level of participation

Parent/Caregiver Perception surveys
- Starfire Member is less lonely or isolated because of his/her involvement with Starfire
99% SATISFACTION RATE
100% INCREASE IN SKILL ATTAINMENT

83% UNEMPLOYMENT
29% POVERTY RATE
3x VICTIMS OF VIOLENT CRIME

WHO IS IN YOUR LIFE?
Who’s going to love my son or daughter after I’m gone?

“...an ability to listen, support and appreciate the stories we bring and draw out the measurements that may be hidden in the narrative side of our work.”
- Tim Vogt, Starfire’s Executive Director

SOCIAL CONNECTION
HOW MIGHT WE INCREASE WELLNESS THROUGH COMMUNITY RELATIONSHIPS?
TRANSFORMATION

WHAT WE ARE MEASURING

Social Network
- Pathfinder Tool (O’Brien)
- Who’s in your life? (Pealer)
- Friends Project (Amado)

Well-being
- UCLA’s 3-Item Loneliness Scale
- Flanagan Quality of Life Scale

Integration
- Community Participation: Places and Roles (Amado)
6,162
Hours of one-on-one work and counting

934
Mentoring Sessions with Families

134
Valued Roles in the Community since 2012

75%
Increase in Social Networks and Valued Roles

“‘I’m not opposed to success. I just think we should accept it only if it is a byproduct of our fidelity. If our primary concern is results, we will choose to work only with those who give us good ones.’” — Fr. Greg Boyle
How is “together” better?

THANKS!

Thoughts and ideas?

katie@starfirecouncil.org

www.youtube.com/starfirecincy